



Saunahaus

Starting a fire

- To warm up the saunahaus, start a fire. (*see fire-starting info in next section*) Prop the sauna room door to allow heat from the stove to circulate to the main room.
- As the saunahaus comes to temp both day and night, pack the stove with wood and tamp the tray and wheel completely - once the fire is going.
- Check the fire occasionally, if fire is dying out, add one or two logs at a time. You can adjust the wheel to help air flow.
- if you are having issues controlling temp, use the space heater.
- Turn the space heater down to 2.5 when leaving. Any lower and the water pipe will freeze.
- Restock the firewood used from the wood pile on the side of the saunahaus.

Sauna

- Rule 1: Do not heat Sauna past 195 Degrees!!!!
- Rule 2: Don't use more wood than necessary – get a small fire going with a few logs. Then pack the stove full of wood. Next, tamp the fire (close the tray and leave the wheel slightly opened) once fire is going. You can adjust the tray to maintain the fire level. Close the sauna door if propped open prior to warming the building. The Sauna will be up to temp in about ½ hour to 1 hour. The sauna will continue to heat at this point add a few logs as necessary to maintain temp.
- According to Todd the perfect Sauna temp is 90° Celsius (195° Fahrenheit) This is a stoking hot sauna and higher than most people are used to. For a more relaxing sauna look to 165-175° Fahrenheit (80° Celsius).
- Leave wet towels to dry in the sauna. Take to laundry to wash before leaving.
- Be kind to anyone sleeping in the loft – Heat and voices rise.

Sleeping in the Sauna Haus

- The bed in the loft is clean and ready for use.
- Open a window near the bed to cool the space if needed.
- Staying one night – consider sleeping on top the bed so you don't have to wash everything before you leave.

Check out

- Leave it cleaner than you found it.
- Restock firewood (some wood is stored under the eave of the saunahaus)
- Gather and take towels to laundry to wash
- Sweep floors
- Wipe down counters
- Clean any appliances used
- Wash sink
- Turn off fan and all lights.
- Take garbage
- One last walk/look around for personal items!!!
- Make sure all windows are closed and the doors are locked.



Gifts/Supplies EndPoint loves to receive:

WonderState Big Dipper whole beans
Paper Towels

Wine
Toilet Paper

Candles
Bug Spay and Sun Screen

Questions?

Text or call with any questions!!!!

Also please let us know if any items are of low supply

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